**COVID-19 Testing Protocol**

**Are you a close contact of someone who tested positive for COVID-19?**

- Yes
  - What to do:
    - Quarantine in place for five days following exposure.
    - Get a COVID test five days after exposure.
    - Continue to wear a well-fitting mask around others for an additional five days.
    - Watch for symptoms for 10 days.
  - Students: If you need to miss class for COVID-related reasons notify your instructors so you can make up missed class work. Student employees see employee note.
  - Employees: If you need to miss work for COVID, please notify your supervisor.

- No, yay!

**Do you have COVID-19 symptoms?**

- Yes, mild
  - What to do:
    - Get a COVID test as soon as possible.
  - Isolate with a mask until you have your results.

- Yes, severe
  - Seek medical treatment.

- No, yay!

**Do you have COVID-19 symptoms?**

- Yes
  - What to do:
    - Wear a well-fitting mask around others and watch for symptoms for 10 days.
    - Get a COVID test five days after exposure or as soon as you develop systems.
  - Students: If you need to miss class for COVID-related reasons notify your instructors so you can make up missed class work. Student employees see employee note.
  - Employees: If you need to miss work for COVID, please notify your supervisor.

- No

**Test for COVID-19**

- Positive
  - What to do:
    - Isolate for five days since testing positive.
    - Continue to wear a well-fitting mask at all times when in public spaces or around others for an additional five days after isolation ends.
    - Do not remove your mask (i.e., to eat or drink) unless you are outdoors or alone in an enclosed room.
  - Students: If you need to miss class for COVID-related reasons notify your instructors so you can make up missed class work. Student employees see employee note.
  - Employees: If you need to miss work for COVID, please notify your supervisor.

- Negative
  - What to do:
    - Wear a well-fitting mask around others and watch for symptoms for 10 days.
  - Students: If you need to miss class for COVID-related reasons notify your instructors so you can make up missed class work. Student employees see employee note.
  - Employees: If you need to miss work for COVID, please notify your supervisor.

**Is my COVID-19 vaccine up to date?**

- Yes
  - What to do:
    - Wear a well-fitting mask around others and watch for symptoms for 10 days.
    - Get a COVID test five days after exposure.
  - Students: If you need to miss class for COVID-related reasons notify your instructors so you can make up missed class work. Student employees see employee note.
  - Employees: If you need to miss work for COVID, please notify your supervisor.

- No
  - What to do:
    - Get a COVID test as soon as possible.
  - Isolate with a mask until you have your results.

**Sources:** CDC and local health authorities

**For most up-to-date information visit** [cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html](https://cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html) and [coronavirus.uoregon.edu](https://coronavirus.uoregon.edu)